

iTear[®] 100

Patient Brochure

Natural tears, for
a natural solution



Important Safety Information: The most common adverse reaction reported in the trial was dizziness and light-headedness (in 2-3% of patients).

Indication: The iTEAR[®]100 Neurostimulator is an electromechanical nerve stimulator device, indicated for temporary use (up to 30 days) to increase acute tear production during vibratory stimulation of the external nasal nerve in adults, under prescription of an eyecare provider. Please visit website for full prescribing information.



**Olympic
Ophthalmics**

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Why are tears important?

Tears keep our eyes healthy and comfortable. They contain growth factors and other nutrients to keep our eyes healthy. If our eyes don't make enough tears or don't make the right kind of tears, our eyes can burn, feel gritty (like there's sand in them), and our vision can be affected.

What can decrease tear production?

- Too much time spent staring at a computer screen
- A dry living environment
- Not blinking enough
- Inflammatory diseases
- Procedures such as LASIK and cataract surgery
- Eye medications for other diseases such as Glaucoma
- Systemic medications for diseases such as hypertension and depression
- Unknown causes

What are the symptoms of decreased tear production?

- Eyes feel dry, gritty, itchy or tired
- Episodes of blurred vision so you cannot see as clearly
- Eyes are red

Why choose iTEAR®100?

- Drug-free
- At home treatment
- Portable
- Works immediately
- Externally applied and non-invasive
- Simple to use and get started

How to use iTear® 100

Ready

- Your iTear®100 comes fully charged but in a hibernation state
- Hold the blue power button for 5 seconds or until lights can be seen
- Download the mobile app from the app store (Android and Apple) and sign up for an account
- Activate the prescription for your device through the mobile app

Set

- Press for ON. Release for OFF. You will hear and see the blue tip oscillate
- Apply to the skin with gentle pressure, depressing the tip about 1 mm
- Use the back of your hand to practice

Go

- Run your finger along the side of your nose
- The transition between the hard and soft part of your nose is your spot for the applicator
- Apply iTear®100 lightly to this region (circled in the picture)
- If pressed too hard, the sound of iTear®100 will change

Repeat

- Recommended usage for iTear®100 is 30 seconds per side twice per day
- After 30 days, if you have a refill prescription, you can set up an account at itear100.store using the same email you used for the app and purchase a refill
- Once purchased, the prescription will show up in the app on your mobile device



Usage Tip: Some users tear a lot at first and then adapt. Look in the mirror during and 15 minutes after use to see increased reflection and thickened tear film.

Manufactured by: Olympic Ophthalmics
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iTear® 100

Nothing is more natural
than your own tears.
Uniquely formulated for You.

iTEAR®100 is an FDA regulated prescription device. The month-long prescription starts when the device is activated through your phone or tablet. During the prescription period usage is unlimited. The device will turn off at the end of the 30-day prescription. Your doctor may write additional prescriptions for up to a year of refills, which can be downloaded through the mobile app.

Contact us at info@oo-med.com. Learn more at www.olympicophthalmics.com

*Federal law restricts this device to sale by or on the order of a physician



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